



Central Kootenay Food Policy Council Board Retreat

November 25th, 2021

10-12 noon PST

Michele A Sam Consulting

Agenda for our time together

- Opening words

- Purpose: To make time, and space to envision the continued growth of Central Kootenay Food Policy Council as an entity
- Re-view: The past/last 5 years (timeline—thanks Abra!)

- Introductions

- Take a minute each, to tell us:
 - Your name/pronouns (if you would like to)
 - Your position/affiliation
 - One thing Central Kootenay Food Policy Council did over the past/last 5 years that you are proud of and why
 - Your favourite Food: Ktunaxa concept: ʔakpizis—species specific favourite foods

- Thinks to consider

- A moment in time of great change
- Reconciliation and Intractable Conflict
- JEDI/DEEJI/DEEI and Indigenous Peoples
- The 5 Criticals
- Food Systems, Sheds, Sovereignty and Security

- Round/Check In

- What content stuck with you as this presentation was provided?
- What seems relevant?
- What feelings arose? What hope? What challenges?

- Next Steps

- What do you know (think you know) about the BC Declaration Act?
- What topics are you now thinking about as relevant to vision and the next five years?
- Is that different from when we started today?

4 Important Dialogues

- Indigenous Peoples with Indigenous Peoples
- Non-Indigenous Peoples with Non-Indigenous Peoples
- Non-Indigenous Peoples with Indigenous Peoples
- Indigenous Peoples with non-Indigenous Peoples

“Who speaks, who doesn’t speak, when, for how long, and with what emotional valence are all keys to understanding the relational patterns that hold oppression in place (Gee, 1999; Powell, 1997 in DiAngelo).

2015



- March *Training* on food systems with Central Kootenay municipal and Funder leaders - resulted in *decision to create* a regional food policy council
- November: RDCK and Community Futures *collaborate, hire* Abra Brynne to write funding applications

2016

- *Funding secured* to launch the Food Policy Council (Interior Health, Real Estate Foundation, Osprey Foundation); *Abra hired to Coordinate; Advisory Committee established*
- Relevant reports and food systems actors in the Central Kootenay and elsewhere *consulted to guide* the creation of the *Council mandate*
- *Governance Matrix created to help ensure that diverse voices* across the Regional District and involved in food systems participate in the Council over time
- Application process developed and launched to secure initial members of the Council; *Terms of Reference* and support materials created for Council members
- *Website created*

2017

- Council begins *meeting 5 - 6 times / year*, to be a combination of virtual and in-person meetings that will circulate to different locations in the region to enable learning and easier access for members.
- Established practice of reports from Council members of their activities to provide regular platform for *information exchange and collaboration opportunities* identification
- *Executive Committee* established to guide Coordinator activities and Council development
- Launched what would become our *food systems literacy program*
 - *Educational sessions* and farm / food business tours integrated into each Council meeting
 - *Presented at regional meeting* of the Association of Kootenay Boundary Local Governments
 - *Presented a various conferences*: Cdn Rural Revitalization Foundation; Canadian Asso of Food Law & Policy; Lower Columbia Food Systems Workshop
 - *Mentored and advised* non-profits, local governments and businesses in the Central Kootenay and elsewhere
 - *Created case study* of the creation of the Food Policy Council (May)
 - *Secured Funding* and in collaboration with the Pennywise & Council members *created the foundation* for our regional Farm & Food Guide

2017 continued

- *Created logic model to provide a framework for evaluating and guiding our work*
- *Collaboration with Interior Health to provide training and materials to support Council members to effectively liaise with their community / sector in order to guide Council priorities.*
- *Created funding plan for the Council (May)*
- *Incorporated and registered as a Society with the province*

2018

- *Council meets 5 times (First Annual General Meeting as a Society)*
- *Food Systems Literacy Program continued*
- *Food business / policy intersection training through storytelling, Oso Negro founder*
- *Field Trips: Mill Creek Poultry Farm; Chuckareese Abattoir; Morris Flowers & Greenhouses; West Arm Apiaries; Salmo Youth & Community Centre*
- *First Annual Farm & Food Directory published*
- *“Tracking down food law & policy” primer created*
- *Created Case Study on the creation of the Regional Farm & Food Directory and database*
- *Hired our first Bookkeeper*
- *Advisory Committee member for Interior Health Food Security Network research project*
- *Presented at Provincial consultation on meat sector policy*

2019

- Council *meets 4 times*
- *First Annual Review document produced*
- *Food Systems Literacy Program continued*
- Personal food policy exercise (*Food Policy 101, Version 1*)
- *Update on Ag Land Commissions policy changes*
- *Field Trips: Area I food systems history provided by Andy Davidoff; tour of Stone Meadows flower farm; Glade Organics farm*
- *Educational materials and presentation on supply management*
- *Provided content for the Slocan Valley Economic Development Report on agriculture & food systems*
- *Second Annual Farm & Food Directory published*

2019 continued

- *Event presentations: Cdn Asso Food Law & Policy (presentation entitled Municipal Governance:Scales, Cities and Food); Kootenay United Cannabis Association event: facilitated panel at first ever regional cannabis sector event; Rotary Daybreak Nelson presentation on the creation and mandate of the Council;*
- *Launched 2 year Evidence-Based Food Policy Development Project, in collaboration with Regional District and 2 academic partners*
- *Initiated outreach and research on community water issues*

2020

Third Annual Farm & Food Directory published

- Created Municipal Role in Food Systems one-pager for local government
- Launched COVID-19 Roundtable, March; met regularly through May 2021
- Event presentations: Kootenay Boundary Economic Development Practitioners Network annual conference + Autumn meeting; SD8 Professional Development event on Anti-racism and Intercultural Awareness; Simon Fraser University's Recipe for Change: Food Systems, Food Justice & COVID-19
- Joined the Basin Boundary Covid Recovery Leadership Team
- Joined Intercultural Kootenays, lead on society registration with the province
- Advisory Committee member on Community Futures Load Board project
- Mentored Interior Health Dietitian Interns with research project
- Cannabis sector contract secured with Community Futures. Ongoing 1 day / week through June 2022
 - created and provide coordination and policy advice to a new regional cannabis sector council.
- Coordinated the development of content in response to Health Canada consultation
- Hired a Communications Coordinator

2020



- Council meets 5 times
- Second Annual Review produced
- Food Systems Literacy Program continued
- Guide to Buying Local Food created for food business owners (CBT contract)
- Systemic Racism & food systems training
- Supported Warfield Councillor leading their food security / policy initiative
- Blog on water and food, in collaboration with Interior Health and BC Healthy Communities
- Blog series created on COVID & food systems
- Advised RDCK Emergency Operations on food security and the pandemic
- Advised RDCK Directors on meat systems and the policy landscape; supported the creation of a briefing document for meeting with provincial officials at UBCM

2021

- Council meets 5 times (including November meeting)
- Integrated BIPOC guests and content into Council meetings (Shayna Jones in June; Nasookin Joe Pierre in September)
- Third Annual Review produced
- Food Systems Literacy Program continued
- Fourth Annual Farm & Food Directory published
- French translations of educational materials from Evidence project created
- Created Relocalize Food Systems Action Grid
- Event presentations: Bridging Silos Conference (Presentation title: How Food Secure are we? Local and Regional Food Resiliency); CBT FABx Food & Buyer Expo (Presentation title: Relocalizing our Food Systems: it's complicated)
- Secured contract & created a Food Security Action Plan for the RDCK
- Joined the Farmland Advantage Columbia Basin Working Group for provincial initiative
- Mentoring masters student, Matthew McClelland on food systems planning project, in collaboration with RDCK
- Cannabis Sector support:
 - monthly meetings of the Kootenay Cannabis Economic Development Council; regular meetings of working groups devoted to specific policy realms, economic development and communications
 - Coordinated submissions to government on policy consultations and needs: two to Health Canada; two to BC Cannabis Secretariat
 - Created two guides to cannabis policy at the request of City of Nelson and of the RDCK

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CHANGE Processes

- **Vision + skills + incentives + resources+ action= change**

When something is missing:

- ----- + skills + incentives + resources + action= *confusion*
- Vision + ----- + incentives + resources +action = *anxiety*
- Vision + skills + ----- + resources + action = *gradual changes*
- Vision + skills + incentives + ----- + action = *frustration*
- Vision + skills + incentives + resources + ----- = *false starts*



Equality



Equity



Justice



Liberation

Decolonizing Framework

<https://medium.com/@kidastercal/using-a-decolonizing-framework-to-achieve-our-collective-liberation-da84459e8e25>

Reconciliation...some assumptions

- We are ready, willing and able to appreciate and accept/listen to diverse world views
- We are ok with feeling, prepared to hear “truth”
- We are all on the same page
- We all have the same understanding and working definitions
- We all recognize that reconciliation implies a conflict
- We are comfortable with conflict and its impacts
- We have boundaries
- We accept reconciliation means change of some sort, at some point, to some things/thinks

Intractable Conflict: what is it?

- No win
- Historical grievance
- Delegitimization*
- Moral exclusion*
- Infrahumanization*
- Ontologization*
- Interrelationship between language and power
- Existential
- Cumulative
- Violent—Physical? Psychological? Genocide?
- Spatial/geographical



Equality



Equity



Justice



Liberation



Decolonizing Framework

Human Rights
1960s—
Martin Luther King

Royal Commission
On Aboriginal Peoples
1990s

UN Declaration
on the Rights
of Indigenous Peoples
(1920s to 2007)
In BC renewed 2019
as law

Truth and Reconciliation
94 Calls to Action
2008-2015
Murdered and Missing
Indigenous Women and Girls Inquiry
2015-2019

We are “the ones we
Are waiting for”
Prophecy (hopi) July
1969
Eagle has landed
Ktunaxa Nation
ReBuilding
—We never stopped—
we were interrupted
BC Declaration ACT

Round/Check In



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Next Steps

A large, faint, stylized background illustration of a Native American headdress. The headdress features a prominent feather on the left side, a circular dreamcatcher in the center, and a series of circular ornaments along the top. The entire illustration is rendered in a light gray, line-art style.

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